

HIAZ HEALTH SCREENING PACKAGE

HOW ARE **YOU** ?

People can live with certain types of illness for years without even knowing they're sick.



Hospital Islam Az-Zahrah

No. 34, Medan Pusat Bandar 1, Seksyen 9, Bandar Baru Bangi, 43650
Selangor Darul Ehsan.

Call us at **(603)-89212525** for more information and to set your appointment.

DID YOU KNOW

most people are unaware of their health condition?



1 in 5 adults Malaysian
have diabetes and
50% of them were
unaware.



1 in 3 adults Malaysian
have hypertension and
50% of them were
unaware.



1 in 2 adults Malaysian
have hypercholesterolemia
and 80% of them
were unaware.

* Statistic from NHMS 2015-NCD, Risk Factors & Other Health Problems.

Through your health screening results, our clinicians will assist you to understand your health status and answer any questions or concerns that you may have.



HIAZ HEALTH | (ALIF)

Recommended for
healthy men and
women.
Complete in 1 day.

Normal price : RM343

PACKAGE PRICE:
~~RM278~~
PROMOTION PRICE:
RM259



HIAZ HEALTH ب (BA)

Recommended for
healthy men and
women who would like
to know further on
their health status and
get consultation with
our specialist.

Normal price : RM488

PACKAGE PRICE:
RM459



HIAZ HEALTH ت (TA)

Recommended for
customers who has
family history of stroke,
cardiovascular disease,
diabetes and cancer.

Normal price : RM873

PACKAGE PRICE:
RM659



HIAZ HEALTH ث (TSA)

Provides an in-depth
screening and health
assessment to ensure
you have the right
knowledge to care for
your own health.

Normal price : RM1273

PACKAGE PRICE:
RM959

Hospital Islam Az-Zahrah offers a range of comprehensive health screening services that suits your need.

No	Procedure/ Test	HIAZ HEALTH ا	HIAZ HEALTH ب	HIAZ HEALTH ت		HIAZ HEALTH ث	
				Male	Female	Male	Female
PART A							
1	General Screening Tests : • Full Blood Examination - Full Blood Count (FBC) - Erythrocyte Sedimentation Rate (ESR) - Peripheral Blood Film (PBF) • Blood group (ABORh) • Blood Sugar Level (Fasting Blood Sugar) • Diabetic Screen (HbA1C) • Blood cholesterol (Fasting Lipid Profile) • Liver Function Test (LFT) • Renal Function (RFT) • Hepatitis B Screening (Ag & Ab) • Hepatitis A Screening (Total Antibody) • Rheumatoid Arthritis Factor (RF) • Thyroid Stimulating Hormones (TSH) • Syphilis Screen (VDRL) • AIDS (HIV) Screen • Urine FEME	<div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div>	<div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div>	<div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div>	<div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div>	<div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div> <div>●</div>	
2	Cancer Screening : • Carcinogenic Embryonic Antigen (CEA) • Alpha -Feto Protein (AFP) • Prostate Specific Antigen (PSA)			<div>●</div> <div>●</div>	<div>●</div> <div>●</div>	<div>●</div> <div>●</div>	<div>●</div> <div>●</div>
3	Radiological Examination : • Chest X-ray	<div>●</div>	<div>●</div>	<div>●</div>	<div>●</div>	<div>●</div>	<div>●</div>
4	Cardiological Assessment : • Electrocardiogram (ECG)	<div>●</div>	<div>●</div>	<div>●</div>	<div>●</div>	<div>●</div>	<div>●</div>
5	Physical Examination : • Body analysis: Height, weight, BMI • Vision examination	<div>●</div> <div>●</div>	<div>●</div> <div>●</div>	<div>●</div> <div>●</div>	<div>●</div> <div>●</div>	<div>●</div> <div>●</div>	<div>●</div> <div>●</div>
PART B							
6	Stress Test			<div>●</div>	<div>●</div>	<div>●</div>	<div>●</div>
7	Echocardiography (ECHO)					<div>●</div>	<div>●</div>
PART C							
8	Physical Examination : • Medical history taking • Vital signs monitoring (Blood pressure, pulse, temperature)	<div>●</div> <div>●</div>	<div>●</div> <div>●</div>	<div>●</div> <div>●</div>	<div>●</div> <div>●</div>	<div>●</div> <div>●</div>	<div>●</div> <div>●</div>
9	Medical review, consultation, written medical record : • Specialist- Physician • Medical Officer	<div>●</div>	<div>●</div>	<div>●</div>	<div>●</div>	<div>●</div>	<div>●</div>

Meal Voucher

for HIAZ Health Screening Package



1 cup / glass of Hot / Cold Beverage.
(Choose either a Fruit Juice or
Teh Tarik Nui)



아



or



아



Menu A

White rice + Dishes

Menu B

Menu C

Menu D

SCREENING GUIDELINES

Time Allocation & Appointments

Please allocate 1 day to complete all your tests. Please call for appointment and more information.

Screening Schedule

HIAZ Health I package : Everyday except on Sunday and Public holidays. (For health screening report and consultation.)

Monday - Friday	8.00 am – 5.30 pm <i>Advisable to come in the morning as fasting is needed for 6 - 8 hours prior to screening.</i>
Saturday	8.00 am - 12.00 pm

HIAZ Health ب package : For PART A of screening.

Thursday & Friday	9.00 am - 12.00 pm
-------------------	--------------------

HIAZ Health ت & ث package : For PART A and B of screening.

Wednesday	2.00 pm - 5.30 pm : <i>For PART A of screening</i> 5.30 pm - 7.30 pm : <i>For PART B of screening</i>
Saturday	8.00 am - 12.00 pm : <i>For PART A of screening</i> 8.00 am - 10.00 am : <i>For PART B of screening</i>

HIAZ Health ب, ت & ث package : For health screening report and consultation.

Monday, Tuesday, Wednesday	8.00 pm - 10.00 pm
Thursday & Friday	2.00 pm – 5.00 pm
Saturday	9.00 am - 12.00 pm

Health Status

Health screening should ideally be done when you are in good health, i.e. no fever, flu or other symptoms.

For the Ladies

You are advised to have your health screening appointment while you are not having your period and at least 14 days after the first day of your period. You should also be sure that you are not pregnant as the X-rays are harmful to the fetus.

Fasting

You are required to fast for at least 6-8 hours prior to health screening.

Plain water is allowed during the fasting period.

X-Ray

Make sure to remove all accessories (jewellery, watches, ect) before the X-ray procedure.

Please bring your previous x-ray films if available.

Registration

Please bring your NRIC or passport (for international customers) and company/ payor Guarantee Letter (if applicable) and please proceed to the Emergency Department for registration.

Treadmill Stress Test

Our consultant will assess if you are fit enough to do this test beforehand. You are advised to wear appropriate shoes and clothing as sweating is expected.

Health Screening Report

HIAZ Health I	You may get your health screening report with our medical officer consultation on the same day.
HIAZ Health ب	You may get your health screening report with our specialist consultation after 3 days completion of PART A and as according to appointment.
HIAZ Health ت and ث	You may get your health screening report with our specialist consultation after 3 days completion on PART A and B and as according to appointment.